

This is not a piece of paper.

It's a science experiment.

It's also a dance prop.

How does it move? How does it fall? Does it fall the same if you spin it?

Or if you fold it? Or if there were a hole in the middle?

How would it change if it were wet?

Can you follow the dance of the paper as it falls down?

Can you make it stay touching your moving hand without grabbing it?

How does it move? And how can you move with it?

Try it.

Is the air part of the motion? What sounds can it make?

What happens when you blow across the top of it
or from underneath or in another direction?

What does that feel like? What else moves like that?

What other experiments and examples can you come up with?

Can you get it off the floor without grabbing it? What is the most unusual way you
can pass it to a friend without it touching the floor?

Can you move it from your foot to your hand to your head fluidly?

If so, you're a dancer. And a scientist. Welcome to our world. You can write your
notes here in the margins. But just remember:

This is not a piece of paper.

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More information and lesson plans available at: (weber.edu/bodyinmotion)